

ISKF of BC
Seminars

International Shotokan Karate Association of British Columbia
2922 St. Johns St. Port Moody, B.C.
Canada, V3H 2C3

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April 21st – 23rd, 2023

**Port Moody
British Columbia
Presented by
International
Shotokan Karate
Federation of
British Columbia**



**SENSEI
David Jones
Chairman ISKF
Canada
Chief Instructor ISKF
Alberta
8th Dan, Director ISKF**

| KYU AND DAN SEMINAR INFORMATION | | | |
|--|--|--|-------------------|
| <i>DATE</i> | <i>TIME</i> | <i>LEVEL</i> | <i>LOCATION</i> |
| Friday, April 21 st | | | PORT MOODY |
| | 6:00 pm – 7:00 pm | ALL LEVELS | |
| | 7:00 pm – 8:00 pm Followed by meet and greet in lounge | BLACK BELTS | |
| Saturday, April 22 nd | 10:00 am – 11:00 am | KYU LEVEL | PORT MOODY |
| | 11:00 am – 12:00 pm | BLACK BELTS | |
| | 2:00pm – followed by Annual General Meeting | MINI TOURNAMENT INSTRUCTOR TRAINEE CLASS | |
| | 6:30 – 7:30 | KYU LEVEL | |
| | 7:30 – 8:30 | BLACK BELTS | |
| Sunday, April 23 rd | 10:00 am – 11:00 am | KYU LEVEL | PORT MOODY |
| | 11:00 am – 12:00 pm | BLACK BELTS | |
| | 12:30 pm - | DAN GRADING | PORT MOODY |